

Health Sciences 4615F/G: HISTORY & ETHICS OF FOOD

Online and Asynchronous (no set lecture day or time, I will be posting lectures & materials weekly)

Dr. Ken Kirkwood

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Room #218 Arthur & Sonia Labatt Health Sciences Building

Antirequisite(s): Health Sciences 4092F section 001, if taken in 2018/19 or 2019/20.

Course Description

Food is everywhere, and it is mundane – and this makes it important to examine further. Some are driven to not eat, some will only eat certain things, others monitor their intake of macronutrients. Many overeat to their own demise without knowing why. This course examines these questions by tracing the development of eating behaviours historically and tracing the genealogy of food ethics.

Evaluations

Major Project Outline	= 10%	(Due: October 2 nd @ 11:55pm)
Online Participation	= 10%	(Closes: December 4 th @ 11:55pm)
Presentation	= 30%	(Due: November 13 th @ 11:55pm)
Major Essay	= 49%	(Due: December 4 th @ 11:55pm)
Heritage Cookbook	= 1%	(Due: December 5 th @ 11:55pm)

Course Materials

Readings and Links Provided on OWL

Course Topics

Week 1: Introductions, syllabus review, Q&A

Week 2: Brief History of Diet in North America, part 1

Week 3: Brief History of Diet in North America, part 2

Week 4: Hunger & Social Determinants of Diet

Week 5: Can we regulate good food? Trans-Fats, Junk Foods, etc.

Week 6: The History and Ethics of Vegetarianism/Veganism in North America

Week 7: Cultural Attachments to Food: "This is the food that people from _____ eat!"

Week 8: Food production and the environment

Week 9: Reading Week.

Week 10: Are we being tricked into obesity? Food Marketing.

Students seeking academic consideration:

- *Are advised to consider carefully the implications of postponing tests or midterm exams or delaying handing in work;*
- *Are encouraged to make appropriate decisions, based on their specific circumstances, recognizing that minor ailments (e.g., upset stomach) or upsets (e.g., argument with a friend) are not normally an appropriate basis for a self-reported absence;*
- ***Must communicate with their instructors no later than 24 hours after the end of the period covered by either the self-reported absence or SMC, or immediately upon their return following a documented absence;***
- ***Are advised that all necessary documentation, forms, etc. are to be submitted to academic counselling within two business days after the date specified for resuming responsibilities***

Students who experience an unexpected illness or injury or an extenuating circumstance (48 hours or less) that is sufficiently severe as to temporarily render them unable to meet academic requirements (e.g., attending lectures or labs, writing tests or midterm exams, completing and submitting assignments, participating in presentations) should self-declare using the online Self-Reported Absence portal. This option should be used in situations where the student expects to resume academic responsibilities within 48 hours or less. The following conditions are in place for self-reporting of medical or extenuating circumstances:

- Students will be allowed a maximum of two self-reported absences between September and April, and one self-reported absence between May and ; len tg. 1 (c)0. 7(e)-2. 0 be(r)-3.3 (e) (n)-1. 4(c)-6 (e)-4. 0s)-0.9*

Zoom, and TopHat.